

# OCTOBER 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 PASTA W/ MEAT SAUCE FRESH VEGGIES & DIP FRUIT	6 HAMBURGER ON A BUN CRINKLE FRIES FRUIT	7 BREAKFAST PIZZA BAKED BEANS FRUIT	8 TACO WEDGES SALSA, LETTUCE SALAD FRUIT	9 ZESTY ORANGE CHICKEN BROWN RICE CARROTS & PEAS FRUIT
12 CHEESE PIZZA FRESH VEGGIES & DIP FRUIT	13 CHICKEN IN GRAVY MASHED POTATOES BREAD W/ BUTTER FRUIT	14 FRENCH TOAST STICKS YOGURT SWEET POTATO FRIES FRUIT	15 NO SCHOOL	16 NO SCHOOL
19 CHEESY BREADSTICK W/ MARINARA SAUCE FRESH VEGGIES & DIP FRUIT	20 BBQ PORK ON A BUN WAFFLE FRIES FRUIT	21 MINI PANCAKES SAUSAGE PATTY MIXED VEGETABLES FRUIT	22 FIESTADA PIZZA LETTUCE SALAD FRUIT	23 CHICKEN STRIPS BREAD W/ BUTTER BAKED BEANS FRUIT
26 FRENCH BREAD PIZZA FRESH VEGGIES & DIP FRUIT	27 SLOPPY JOES TATER TOTS FRUIT	28 WAFFLE HAM PATTY BAKED BEANS FRUIT	29 CHICKEN & CHEESE QUESADILLA SALSA, LETTUCE SALAD FRUIT	30 EGG ROLLS BROWN RICE BROCCOLI FRUIT

SAMUEL LUTHERAN SCHOOL IS AN

EQUAL OPPORTUNITY PROVIDER

ALL GRAINS (BUNS/BREADS/BREADING/TORTILLAS/PASTAS/CHIPS) ARE WHOLE GRAIN & MEET SCHOOL GRAIN REQUIREMENTS

MENU SUBJECT TO CHANGE

OFFERED DAILY:

CHOC (K-8), SKIM, & 1% MILK